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Center for Continuing Education
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Webinar and
teleconference
**“Should Adult Obesity
Treatments be Used
for Children?”**

Join the faculty for a presentation by and discussion with:

Moderator: Mary Ann Rigas, MD, FAAP

Pediatrician, Cole Medical Center, Coudersport, PA

Advisor, EPIC® Pediatric Obesity: Evaluation, Treatment and Prevention in Community Settings

Speaker: Sarah C. Armstrong, MD, FAAP

Associate Professor of Pediatrics; Associate Professor in the Department of Community and Family Medicine, Duke University
Director, Duke Healthy Lifestyles Program; Durham, NC

Date: Tuesday, March 8, 2016 • Time: 12:15-1:30 PM

- Develop an understanding of the scope of weight-loss interventions currently being adapted from adults and applied to pediatrics
- Discuss appropriateness for pediatrics of severely restrictive diets, medications, meal replacement, a variety of surgical interventions, and other strategies

Intended Audience: Pediatricians, Family Medicine Physicians, Nurse Practitioners, Nurses, Registered Dietitians, other Practice Staff, School Nurses

Objectives — At the conclusion of the activity, participants should be able to:

- Describe level of data supporting efficacy, safety, and developmental appropriateness for pediatric populations of 3 obesity interventions
- Identify 2 sources for further information on obesity prevention and treatment
- List 2 evidence-based messages pediatricians can provide for parents and families to prevent obesity

Time for your questions and answers!

Registration: <https://www.surveymonkey.com/r/VRGTHB7>

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of University of Pittsburgh School of Medicine and the Pennsylvania Chapter of the American Academy of Pediatrics. The University of Pittsburgh School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Pittsburgh School of Medicine designates this live activity for a maximum of one (1.25) AMA PRA Category 1 Credits.[™] Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other health care professionals are awarded (0.1) continuing education units (CEU's) which are equivalent to 1.2 contact hours.

Faculty Disclosure: Faculty for this activity have been required to disclose all relationships with any proprietary entity producing health care goods or services, with the exemption of non-profit or government organizations and non-health care related companies.

No relevant financial relationships with commercial entities were disclosed by: Dr. Armstrong or Dr. Rigas.

This webinar is supported by the Pennsylvania Department of Health through the Preventive Health and Health Services Block Grant from Centers for Disease Control and Prevention (CDC).

We encourage participation by all individuals. Advance notification of any special needs will help us better serve you. Please notify us of your needs at least two weeks in advance of the program.

Questions? Email: mkeen@paaap.org or call 484-446-3038.